

THE GRANITE NEWS

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WHITEHEADS CREEK

TERIP TERIP

CAVEAT

RUFFY

HIGHLANDS

HUGHES CREEK

READERS' WRITES

The Power of a Cuppa.

Never underestimate the power of dropping in for a cup of tea or a beer.

We live in a community that is close enough to Melbourne that we can work there and live in the hills, for most of us the solitude and remoteness so close to the rat race is one of this area's greatest attractions. However for many who live here all the time, the solitude can also eat you alive when the going gets tough..... that's when the true charm of this area comes forward.



We should be proud of the foundations on which this community has been built. The 'no questions asked' support that we provide each other, whether we have seen each other yesterday or a month ago is second to none in a world where most people don't even know their neighbour let alone drop in for a cup of tea or for dinner.

At my lowest point I was amazed by the amount of people that banded around me. Whilst a mask was on to the wider community, they saw through that shield and gave me the strength to build myself back up and become a better version of myself.

It has taught me to that you should never judge a book by its cover. You may never know the silent battles that someone is facing and when it is so easy to go days or even weeks up here without seeing another person you can understand why the suicide rates of farming/rural residents is higher than the general population.

This brings me to ask the question, what would you do if someone you knew told you they weren't OK?

That cry for help that may have taken all the courage they had, how would you deal in that situation? Could you walk away comfortable in knowing that you had heard that cry and hopefully helped steer them onto a better path?

From my experience, the best thing you could do in that situation is listen and ask them why they aren't OK. It could be anything from worrying about the weather, will it be a drought etc. or it could be something more. However that opening of communication and them freely being able say their feelings out loud may do more for them than you can imagine.

As they say, a problem shared is a problem halved. If you are truly worried about them then remind them that there are organizations out there that can help and that we are never alone.

So never under estimate the power of dropping in to see that neighbour, friend or acquaintance. Don't just drive past and think to yourself "I wonder how that person is doing?" just drop in. You could change their outlook on everything, over a cuppa without even trying.

> I know... Because it worked for me. Writer's name supplied and withheld by request.



Hughes Creek Catchment Collaborative

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LANDCARE NOTICE BOARD

We are currently building a Database of weeds in the district. If you know of a roadside or property that has significant issues with Blackberries, Patersons Curse or any other weed of concern please contact Melinda Bronca.

0417 126975 5796 9157

hughes.creek1@gmail.com All information will remain anonymous

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FINDING FOXY Issue 25 2017 Ramble Foxy Page 3



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Classifieds and Community Notices

LOCAL GOINGS ON

TERIP'S KENDALL RICHARDS RIDES FOR VICTORIA

Local rider Kendall Richards represented Victoria at the Equestrian Victoria Trans-Tasman Teams Challenge against NZ at Werribee Park last weekend.



Four junior riders and four young rider riders from each country competed on pool horses to ensure a level playing field.

The competition was held over two rounds over two days and each rider had only 20 minutes flatwork and six warm-up fences for familiarisation with their horse before competing.

Although four riders competed for each team only the best three scores counted, allowing a drop-off score.

This always adds to the excitement and keeps everyone guessing until the end. In the end the Trans-Tasman Cup was awarded to New Zealand who had a 4 point lead after both days of competition.

TRADING PLACES

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MOBILE LIBRARY for HIGHLANDS?

Murrindindi Library Service conducted a review of the Mobile Library Service in late 2016. They consulted those residents in communities in the Shire which are far from a physical library branch, but do not currently receive the Mobile service. The community showed there is interest in communities in Glenburn, Toolangi and Highlands to have a Mobile Library service and they propose to commence this service for those communities toward the end of the year. The plan for Highlands is the second and fourth week of each month on a Wednesday from 10.30am - 12.30pm.

In addition to delivering the Mobile Library service, the van will also deliver Council's other customer services. This will be a convenient way for the community to pay rates and other Council fees and charges using EFTPOS, with cash payment option for smaller fees or charges.

It will also help you to access a range of other Council services.

There will be a meeting on **Wednesday 16 August at 3pm** at Highlands Hall to discuss any issues surrounding the proposed site for Highlands' Mobile Library.



Libby Kotschet, the coordinator of the Murrindindi Library Service has extended an invitation to any members of the community who would be interested in discussing any aspect of the service.

Contact Judy Cameron for further information 5796 9247

	COMMUNITY "WHAT'S ON" CALENDAR — AUGUST/SEPTEMBER 2017	
	Monday 14th August 11:00am	HIGHLANDS SPINNERS 450 Caveat-Dropmore Rd. Caveat Bring anything that you may be busy working on . Same cheerful company and good coffee & tea All Welcome Contact Jan 5790 4361
	Wednesday 16th August 3:00pm	MOBILE LIBRARY SERVICE MEETING Discussion on issues surrounding the proposed site for Highlands' Mobile Library. All Welcome For further information Contact Judy Cameron 5796 9247
	Saturday 19th August 9am—1pm	EUROA VILLAGE FARMERS MARKET Rotary Park, Kirkland Ave., Euroa A wonderful range of farm fresh produce from "local" producers. Contact Helen Brook 0456 723331 www.euroavillagefarmersmarket.org
	Saturday 19th	EUROPEAN WASP INFORMATION SESSION at Y water Discovery Centre Yea
	August 10am—4pm	This is a drop-in information session to teach the community how to make queen wasp traps from plastic drink bottles. Everybody Welcome.
	Monday 21st August 7:30pm	TERIP TERIP TENNIS CLUB at the Terip Recreation Reserve ANNUAL GENERAL MEETING and All Welcome. Further Info Contact Cindy 5790 4226
	Sunday 27th August 9am—1pm	NAGAMBIE FARMERS MARKET on centre median strip High St Nagambie- Experience a true accredited farmers' market in the picturesque lakeside town of Nagambie. Further details Contact nagambiefarmersmarket.com.au
	Sunday 27th August 10:30am	HIGHLANDS RAMBLERS We will join Andrew for a walk starting on Old Highlands Road and ending up at the Highlands Community Hall. Bring a carry lunch and water and meet at the hall ready to leave at 10.30am. For more information contact Louise Currie 9437 1504
	Sunday 27th August 11am—2pm	INTRODUCTORY FORUM FOR NEW & PART-TIME LANDHOLDERS at the Whiteheads Creek Hall, Kobyboyn Rd Whiteheads Creek This forum is a great way to learn more about the local area. Topics covered will include property management, environmental restoration, natural history and geology, pest plant and animal control, erosion and soil health as well as funding opportunities. Free morning tea and lunch provided. Registration is essential: strathbogierangescmn@gmail.com For further information Contact Janet Hagen 5790 4268
	Monday 28th August 8:00pm	RUFFY RECREATION RESERVE at the Ruffy Rec Reserve—Noye Lane Notice of meeting—All Welcome For further information Contact Pam 5790 4240
	Thursday 31st August 5:30pm	SECRET MEN'S BUSINESS Old Caveat Church, Caveat-Dropmore Rd, Caveat Come along and have a casual chat with other local blokes. BBQ Tea Provided (Gold Coin) BYO Drinks
Ruffs	Saturday 9th September 8:00pm Doors Open 7:30pm	RUFFARTZ SEASON OF SATURDAYS at the Ruffy Community Hall Nolans Rd I Viaggiatori 1924 silent documentary film Dall'Italia All'Australia (From Italy to Australia) screened with a live music accompaniment provided by 4 piece band including much loved Kavisha Mazzella. BYO drinks and nibbles. Tickets \$25. Please book early to ensure your seat. Bookings: Kym 0409 172 595 email: ruffartztickets@gmail.com
	Saturday 23rd Sunday 24th September	YEA GARDEN EXPO at the Yea Racecourse Everything from rare trees, plants & bulbs through garden tools, ornaments & equipment to compost & soil. Food, Drinks and Good Coffee will be available.