

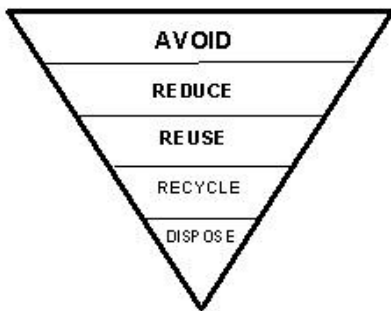


RECYCLING ROCKS

Each household in the Murrindindi Shire currently generates about 500kgs of waste per year. In order to minimise the amount that is sent to landfill each year we need to understand how we can help reduce this amount of waste.

The latest audit of household waste bins in the Murrindindi Shire found that the contents comprised 29% food waste (by weight), with 18% being avoidable food waste such as whole fruit, vegetables, packaged food or cooked food. This highlights the need for us to try harder to 'Reduce' and 'Avoid' particularly when it comes to food waste.

As the diagram shows, recycling provides more benefit than disposal to landfill, but it is not the best option to achieve greenhouse gains.



Reuse requires less energy than recycling as it avoids the cost of reprocessing unwanted items. There are many ways to reuse things we consider unwanted or no longer useful, such as: Holding a garage sale, donating to op shops / charities / fetes / trash and treasure markets, selling on E-bay, reusing containers for storage (eg glass jars), compost unwanted food or feed it to chooks or animals.

Reduce is the process of minimising the amount of waste produced. It requires less energy again than 'Reuse', as it eliminates waste before it is created. We can easily reduce the amount of waste we produce by using some simple steps such as:

Taking your own shopping bags to the supermarket, choosing products with minimal packaging, buying products in reusable packaging, reduce packaging by buying in bulk.

Avoid is the ultimate zero waste challenge; the most preferred option on the hierarchy. The best way to minimise waste is to avoid buying things we do not really need in the first place. By Cr Bob Flowers Planning & Environment Portfolio

NOTES FROM HIGHLANDS PRIMARY

STUDENT OF THE WEEK

Declan: For always using his manners and being polite to others. Well done!



Rewards Programs:

Coles Sports vouchers are proving very popular. Last year we collected over 3000 and received some great sports equipment. Thank you to everyone who is considering HPS when they shop. We are currently collecting bar codes from McCain Frozen Vegetables also.

Wanted for Science:

Peter is collecting matchboxes or similar sized boxes that fit inside each other, for making musical instruments and studying sound and pitch. If you have any we'd be very grateful.



Congratulations to 2011 Children As Authors winners- Brooke, Jarrad, Jessica & John



Congratulations John (Distinction) and Brooke (Credit) for their success in the University of NSW Writing competition.

WELCOME TO ISSUE 26

Please send articles to Mirandayorston@bigpond.com or ring on 57969261

Remember that there is no charge for advertisements, just email them to me.

There will be no Granite News for 4 weeks from the 12th September to 7th October. I apologise for any inconvenience this may cause.

HIGHLANDS LANDCARE

It is being proposed to merge the Highlands Landcare funds with the Hughes Creek Catchment Collaborative. At present the Highlands Landcare group is not operating and the funds are sitting in an account, slowly dwindling with bank fees and insurance costs. If you have any objections to this proposal please contact Jono Rumbold on 57969344 or 0408969399 to register your concerns, thank you.

DANCE YOUR WAY TO FUN AND FITNESS

Easy getting started series each Wednesday commencing 7th September 2011 7 pm to 9 pm

Come to the Anglican Hall Anzac Avenue Seymour

No previous experience necessary – Partners preferred but not essential. Learn Old Time, Nu vogue, Jive and Latin styles. Cost only \$3.50 per night includes tea/coffee Initial cost of \$10.00 will provide you with a personal DVD of dances in the series. Further Enquiries – Ian 0419168918; Lois 57 942592




Boite:

What a fantastic show! The BMW Edge Theatre at Fed Square was a terrific venue. A huge thank you to all the parents, grandparents and friends who came along and supported us at the show.

Brooke had to speak in front of all those people and did a fantastic job, what a wonderful role model and school captain for Highlands Primary School.

COMMUNITY WHAT'S ON CALENDAR - AUGUST/SEPTEMBER 2011

Week beg 4th September	WHITEHEADS CREEK- TARCUMBE RFB TRUCK Rob Hayes Lindsay Heffer
Saturday 3rd September	The Yea Country Market occurs every 1st Saturday of each month – 9am to 2pm at Yea Railway Park, Station Street, Yea. September is a very important market as it's our First Birthday – yes, the Yea Country Market has strengthened and grown over the past year into a much-anticipated monthly community event. As well as our usual array of fabulous stalls, many celebratory activities are planned, including entertainment provided by musician Charlie Griffin, gifts for children, displays in the historic Goods Shed.
3rd & 4th September	Euroa Community Cinema "Harry Potter Deathly Hallows Part 11" The final in this amazing series of stories by J K Rowling. Those that know, "know", and those that don't are mystified by all the attention these movies have attracted during the past ten years. This will finish off the previous movie which ended mid story and I am sure there is no need to go into what Harry Potter is all about here. Celebrate the final in this franchise—there is much to be enjoyed.
Saturday 3rd September	The 'Save Energy, Save Money' workshop will be held at the Seymour Customer Service Centre from 1pm – 4pm. (Please note that the start time for this workshop is 1pm not 10am as printed on the workshop invitation). Mitchell Shire Council's Sustainability Office Annemaree Docking will provide firsthand knowledge on how to reduce your home's energy consumption and your energy bills. www.sustainable-communities.com.au
Sunday 4th September	TALLAROOK FARMERS MARKET - First Sunday of the month - Tallarook Mechanics Institute, Main Road, Tallarook from 9am til 1pm. Producers have grown, bred, caught, pickled, brewed, smoked, baked their own goods or made them from local ingredients. Also there are products related to growing food: seeds, plants, flowers and fertiliser. So keep out of the supermarket for a day and come and join us for a rollicking fresh time. http://www.tallarookfarmersmarket.com.au/
- until 18 Sep- tember	PAUL MARGOCZY ART EXHIBITION Watercolour bird and animal paintings Venue: Old Post Office Seymour Gallery, Emily Street, Seymour Open Wed to Sun from 11-4 and Wed to Sat from 6-9pm until 18 September. 50 Emily Street, Seymour www.artseymour.com.au Phone: 5792 3170
Friday 9th September	'Drinks on the Deck' at Highlands Community Hall from 6.30pm. Bring food to share for a meal together and catch up with friends old and new. All welcome - especially new faces. Gold coin donation to cover power.
Saturday 10th September	Black Market 10am - 12pm: Swap & sell your home produce at this local food exchange and "open garden". This month it's being hosted by Candi Westney & Vitto Oles, at Rocky Passes Estate, 1590 Highlands Rd, Whiteheads Creek. Contact Paul Macgregor on 5797 0229, diversity@diversity.org.au , or Candi on 5796 9366 for more information.
Saturday 10th September	 <p>1-3pm - Exhibition opening "All About Love" - paintings by Leone Gabrielle - Rocky Passes RSVP 57969366 or contact@rockypasses.com.au</p>
Saturday 10th & 11th September	Euroa Community Cinema – "Tree of Life" is the impressionistic story of a Midwestern family in the 1950's. The film follows the life journey of the eldest son, Jack, through the innocence of childhood to his disillusioned adult years as he tries to reconcile a complicated relationship with his father (Brad Pitt). Jack (played as an adult by Sean Penn) finds himself a lost soul in the modern world, seeking answers to the origins and meaning of life while questioning the existence of faith. Some of the creation scenes are awe inspiring and the childhood scenes will provoke powerful memories.
Friday 16th & Saturday 17th September.	MAD HATTERS RETURN "Hilarious! I laughed out loud and you will too." (and that was just the first rehearsal!) Put these dates in your diary NOW - Then you too can enjoy the Mad Hatters' next vibrant production - "Where there's a Will." This year's must see production! Be there.
Saturday 17th September	SEYMOUR MARKET - third Saturday of the month (except Feb) - Oct 15, Nov 19, 17 Dec 2011 Venue: Kings Park, Tallarook Street Seymour Time: 9am to 2pm This indoor/outdoor market features over 100 stalls offering the very best of arts and crafts, fresh produce, plants and garden supplies, tools and some of the regions famous wines. Community group stalls welcome. Contact: Richard at stylevent@bigpond.com
Wednesday 21st September	TERIP TERIP RECREATION RESERVE ANNUAL GENERAL MEETING. The TTRR will be holding its AGM on at 7pm at the Recreation Reserve. All are welcome to attend the meeting and participate in management of the Recreation Reserve. Please contact Andrew Holloway (Secretary) on 57904080 or andrewholloway1@gmail.com with any enquires or apologies.

Classifieds & Community Notices

GOING SOLAR

My name is Knut Ryen and I am a resident of Highlands. I have been working for BlueTongue Solar for almost 1 year now and would like to give people advice on getting solar power if they are interested.

Why are people getting solar power?

The costs of living and the constant increases in electricity are making people look for alternatives to save money. At present people are taking advantage of government rebates and feed in tariffs to reduce their cost of living for the future. Solar power is an investment that is also helping to reduce our environmental impact on society by providing clean renewable energy.

How does the Solar System Work?

When the sun is shining, the solar cells generate electricity. The amount varies throughout the day depending on its orientation to the panels. The inverter converts the DC electricity produced by the solar panels into 240V AC electricity, which can then be used by the property/household. If a grid connect system is producing more power than is being consumed, the surplus is fed into the mains power grid. Electricity companies will meter the electricity fed into the grid by your system and provide a credit on your bill.

Solar panels can work from early in the morning to early evening. They produce more power as the sun reaches a more direct angle to the panels.

What size system do I need?

Designing a system that suits your needs is extremely important and can be an involved process.

Factors that are taken into account are -How big your power bills are!!

Power curve – how your usage changes throughout the day
Roof orientation and size
Shading factor on site

If the right system is connected the pay back period can be as little as 3-4 years then after that it will give you years of free electricity and even producing you cash credits.

My job is to help you decide what system is right for you and make sure you get all the rebates and tariffs that you are entitled to and make your switch to Solar as smooth as possible.

The director of Blue Tongue Solar, Warren Hall would like to offer a donation to the CFA in your area for every Solar System sold. For any questions please feel free to call me on 0406407250. I am also planning an information night at the Highlands Hall so keep a look out for that.
Regards Knut Ryen.

BITS OF BOTANY AND BIRDS

Mountain clematis – Clematis aristata

According to the books, this is a vigorous climber - well not on our block it's not. I think something must be eating them because ours don't progress much beyond a dozen or so leaves on a short winding stem. The leaves are often in threes and are dark green, sometimes with whitish streaks along the central and main veins. The flowers have 4 long narrow petals and the seed heads have long feathery tendrils, commonly called 'Old man's beard'. It prefers moist forest floors.



2011 HIGHLANDS CLASSIC

Welcome to the 2011 Highlands Classic. The race is organised and run by the Banyule Cycling Club and Northern Cycling. Date: Sunday 2nd, October, 2011 Registration: Highlands Primary School (Watch out drivers)

The race is open to ALL Masters age cyclists, that being women over 30 and men over 35 years of age.

The event will consist of 2 challenging rides/races over a 60km or 108km out and back courses. Numbers will be strictly limited to 200 so enter early to avoid missing out.

Long Course HIGHLANDS-Terip Terip-HIGHLANDS Start Time: 10.30am
Start: Highlands Primary School • Finish: Highlands 108km
HIGHLANDS-Seymour-HIGHLANDS • Start Time: 10.00am • Start: Highlands Primary School • Finish: Highlands 60km

<http://www.cycleclassic.org/stages.html>

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Assistant Cook 8-12hrs/wk
Restaurant Waiter 8-12hrs/wk

For details please call Nadiene Power
White Hart Hotel 03-5798-5203

YEA COMMUNITY HOUSE SERVICES

◆ The Yea Pottery Group operates Wed mornings from the Yea Community Shed, offering hand building, wheel work through to final glazing and firing. See their beautiful work on the outside walls of Yea's public toilets!

◆ Power Pals' strength-based training can improve your health and flexibility. It runs in Pioneer Reserve 8 am & 9 am Tues, Thurs & Sat mornings

◆ The YMCA school holiday program operates from the Yea Community House during school holidays. The next session commences 24th Sept 2011.

For more info or bookings call 03) 8736 6520.

◆ Fax, photocopying, laminating, microwave access, information: The Community House is here to help satisfy as many of your needs as possible, at minimal or no cost; if not directly, then by referring you to people that can help.

BOOK REVIEW

Bruises – Archimede Fusillo

Archie Fusillo writes great stories about teenage boys who are trying to cope with problems in their lives that are bigger and more complicated than just the usual run of erratic adolescent hormones. His latest book 'Bruises' is no exception. The story takes place at the annual Year 11 school camp, but the five boys in Bunkhouse Five arrive at the camp with all sorts of emotional baggage just simmering below the surface. When one of them, Ape, turns the heat up, boiling point is reached and emotions overflow and violence erupts. As a result the lives of all the boys will be changed forever. A compulsive read. By Pauline Roberts

WANTED HELPERS!!!!!!

Highlands Primary School has our major fundraising event on the weekend of 17/18th September at the MafeKing Rover Park, we would appreciate anyone in the area that could spare a few hours to help serve food at the canteen or cook a casserole/fried Rice/Pasta/Lasanga etc for a meal on Saturday night.

This event is open to the public and is an Off Road Racing Group with races starting from 10am Saturday until around 3pm Sunday. HPS will be serving food during this period and would love some extra helpers from the community. If you are interested and available please contact Sharyn 03 57904297 or Marissa 03 57969360 asap. Also wanted EGGs for this weekend too. Thanks.

Rocky Passes



Tastings & "blackboard menu" lunch
Sundays 11am - 5pm
Tapas bar last Friday of the month from 6pm

Bookings 57969366
1590 Highlands Rd
www.rockypasses.com.au



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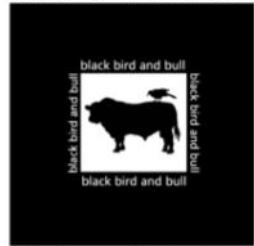
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