



PEOPLE AND PLACES

A Clearview in more ways than one...

"Wow!" was all Paul and I could say when we laid eyes on the view from the top of the Tallarook Ranges five years ago on a Sunday drive. The immense view takes in a line of sight over 100 k's away, as the eagle flies, across to Mt Buller, Mt Torbreck, the Switzerland Ranges and Lake Mountain. Yea and the Highlands are visible too. And the wedge-tailed eagles ride on the jetstreams claiming their freedom of the air. It seemed like a perfect place to steward the land and foster a natural connection to the majesty of nature, so visible here.

As advocates of complementary and natural health and therapies, it seemed like an obvious step, to offer people a clear and natural environment to explore a healthy relationship to nature, to ourselves and to each other. Calling the land Clearview Retreat embodies both the grand view and also the internal search for clarity in how we live in nature as humans.

Since 2004 Paul and I have hosted Weekend Mountain Yoga Retreats here to test the environment and it has been very successful. Watching yoga guests leave taking a bit of the calm and clarity from their weekend is heartening.

Now we are living here full-time and doing owner-building to provide more facilities and accommodation. We're building in rammed earth using the soil from Clearview Retreat, a lot of glass to take full advantage of the various seasonal views and soft curve shapes to complement the soft curves of the mountains and ranges. I must admit watching 'Grand Designs' on ABC TV has helped us as newcomers to building.

A broad range of complementary health activities and workshops including movement/body based work will take place soon at Clearview Retreat.

Meanwhile the next three Yoga Retreats for 2008 are almost upon us. We feel lucky to be here and encourage everyone to visit, even if it is just to see the view.

Feel free to ring or email me to join the email list for future event dates.

Jocelyn Bennett
Clearview Retreat.
Phone: 5797 0229

Email: diversity@diversity.org.au

MURRINDINDI CLUSTER PRESENTS..... A PARENT FORUM with MARTY KELLY

There has been a request by some parents across the Murrindindi Cluster to have a meeting in regards to finding out more about strategies that might help with dealing with certain behaviours in children between the ages of 7 and 11.

Marty Kelly has offered to come and meet with interested parents to explore the issues that families currently face and to look at the possibility of further meetings to discuss strategies that parents and families may use.

Marty Kelly

State Registered Psychologist (Assoc MAPS)
Bachelor of Science with Honours (Psychology)
Diploma in Higher Education (Youth and Community Work)

Marty Kelly was born in the UK in 1955. Marty left school at sixteen and worked as an apprentice fitter machinist later spending eight years employed as a ceramic grinder.

Marty went on to work on personal development programs as an outdoor pursuit's instructor/tutor working with people of all ages and backgrounds in various settings in the UK, NZ, & USA.

Marty went back to college in his mid thirties and financed his further education by working on the oil rigs of the North Sea. Marty has professional qualifications in Youth and Community Work and is a State Registered General Psychologist. Marty draws on over twenty years of work in the field of personal development, along with extensive life experience.

Since 1999 Marty has lived in Australia and has had on-going employment with the Dept of Education managing a regional 'youth at risk' alternative setting program and more recently as a Student Support Services Officer.

Marty also has a private practice and consulting business based in Mansfield Victoria.

When: Wednesday 15th October
Where: Yea PS Library
Time: 6:30pm (for about two hours)

WELCOME TO ISSUE 29

There are still two places left on the bus to the Cranbourne Royal Botanic gardens for Sunday 12th October. Let me know asap if you are interested- miranda@activ8.net.au

We have 37 terrific signs for indigenous trees to put up around Highlands and Terip. Each sign needs a hole dug, about half a meter in depth and filled with a bag of quick set cement. Is there anyone out there in the community who could help us do this?

It is with sadness that we heard of the death of Christine Dowzer last week.

Christine and Colin bought Brigadoon in the 1990s and have loved coming up to Highlands. They always enjoyed the Ruffy Music nights and joined in community activities whenever they could. Our thoughts are with Colin and their three children Celia, Virginia and Jeremy.

The Granite News Logo

Peg doesn't like the one we have! I think it looks great in an email but agree it looks a bit drab in the hard copy. Will someone please do another one for us? Thanks.....



Highlands Landcare AGM enjoyed listening to Dr Susan Lawler speak about their passion for fresh water crayfish. We were surprised to hear that there are 120 species in Australia living in dams and creeks, some burrowing in swamps to depths of over 3 meters. Come on the 24th October and hear more about freshwater crays and meet the critters for yourself.

Community What's On Calendar—October/November/December

Week beg 6th	Terip Terip mowing roster Tim and Cindy Hayes Car park and all 4 courts
5th-12th October	Whiteheads Creek/ Tarcombe RFB Truck Roster B Bortalazzo Scott James Tim Hayes Anthony Wallis
Thursday October 9	Terip Tennis Club training commences - 6pm - New members are most certainly welcome and even if you're not interested in playing on Saturdays you can still come along for a hit on Thursday nights!
Friday 10th October	6.30pm 'Drinks on the Deck' Now that the weather is a little warmer it may be time to indeed have drinks on the deck! Bring along some food for a meal to share together & enjoy both the company & the food.
Saturday 18th October	9.30am - 12 30pm Working Bee at Highlands Community Hall. It's time to 'rosella proof' the eaves of the hall, get on with some mowing & weeding, & varnish the new boxes for the stage. That means there are both inside & outside jobs to be done. Come along & help to improve our hall while catching up with friends, old & new.
Thursday 30th October	Secret Men's Business BBQ at The Grotto, Caveat Church from 5.30pm, held every last Thursday of the month. All welcome. Working bee 2pm, fencing, painting, picture framing, a job for everyone.
Saturday 1st November	7.30pm - Salty Dog (back by popular demand, 2002 Aussie Blues Band of the Year) Don't forget, the taxi service from Euroa / Nagambie / Avenel / Seymour, offering return journeys from just \$7.50 per person Taxis will operate for all live music performances. Bookings via the White Hart are essential.
Saturday 15 November	Mitchell at the Crossroads, A forum on re-building nature for our farms, our district and our future Guest speaker: Dr Andrew Bennett, Deakin University Tallarook Hall 9:30 for 10:00am start We are at a crossroads. Our natural world is in decline: 54% of Victoria has lost its native vegetation (more than 95% in some areas) and native vegetation is still being degraded. 51 plants and 9 mammals are extinct, 778 plants and 94 animals are in danger, and species continue to disappear from local areas. We are losing all the benefits that a diverse and healthy environment provides for production and lifestyle. We can continue with this decline.....or..... We can actively shape our land, our district and our future, by creating a landscape that integrates farming, biodiversity and lifestyle living. All welcome Program includes morning tea and lunch, then field trips to Lyndale Park or Tallarook Flora Reserve Booking is essential - contact DPI Broadford, 5784 0600 or broadford.fielddays@dpi.vic.gov.au .Mitchell Shire is at a crossroads geographically and historically: Farmers are retiring, farming land is being subdivided, and many families are moving into the Shire from the city. Natural vegetation has been lost through past land clearing, habitat continues to be degraded, and species are disappearing from our landscape. Come and hear what can be done.
Saturday 22nd November	RuffArtZ Season of Saturdays presents - Bric a Brac - dance, nostalgia & romance 8.00 pm, Ruffly Hall. Contact Glen on 5790 4318 for tickets (\$26 ea.) or information.

Yea and Alexandra Unite For Bank

On Monday 15th September, steering committees from Yea and Alexandra launched their Community Bank campaigns after completing a special workshop run by the Bendigo Bank.

The steering committee for Yea and district aims to have their community bank branch up and running in 18 months. Steering committee members will be conducting information and community awareness campaigns in the main street on Saturday mornings and a series of public meetings will be held commencing in November.

The Community Bank model is well proven, with 219 communities in every state and territory of Australia having their own Community Bank branch. Many of these branches, which now account for more than half of Bendigo

and Adelaide Bank Limited's entire branch network, are returning hundreds of thousands of dollars in profits back to their respective communities each year.

"People can now pledge to buy shares between \$500 and \$10,000 in the public company. Once we have enough pledges we can progress to the next step, the feasibility study," said Mr Pollard.

Pledge boxes will be placed in prominent local businesses including Foodworks, Marmalades, Yea Newsagency and Yea Pharmacy. Pledge forms will be available from the members campaigning in the street each Saturday and reply paid envelopes are also available. The campaign for pledges will last for three months and your prompt attention to returning the forms is requested. A barometer showing the progress of the pledged support will be on view in a prominent main street

window. The Yea & District Community Bank steering committee officers are Gary Pollard chair, Russell Wealands project manager, David Roberts secretary, Jim Osborne treasurer, David Long pledge co-ordinator and Bruce Kindred interest group liaison.

Not only private individuals will be asked for support but all local clubs and organisations will also be contacted. These community groups can benefit from profits being directed back into community projects. The Mansfield Community Bank has recently completed its first year of business and has achieved its target of being in profit in the first year of trading as has already directed \$8000 back into many individual community projects.

For further information on the Community Bank campaign, contact Gary Pollard on 0414 270 75

Classifieds & Community Notices

BITS OF BOTANY AND BIRDS

BULBINE LILY - (*Bulbine bulbosa*) is a tufted perennial herb with bright yellow flowers opening in succession along the stem from spring to summer. It transplants readily and grows easily from seed. It tolerates frost, but after flowering, it dies back to the underground corm. We see plenty of it along roadsides throughout the Goulburn Catchment, and as it flowers in September, you will soon see it.



For Sale

4 pure kelpie puppies for sale

1 female 3 male mix of colours
\$100 per pup vet checked and vacc available 26th Sept (6 weeks old) call us on Jen and Billy 57969101

Cheers, also thank you for putting the request in for me about the native flowers we had someone come and offer some for our wedding. Thanks again
Jen (Highlands)

VITAMIN D

Australians receive about 90 per cent of their vitamin D intake from sunlight with the other 10 per cent coming from food containing small amounts of Vitamin D such as milk, eggs, some soy drinks, margarine, liver and fish (such as tuna, salmon, sardines, herring and mackerel).

Recommended daily sunlight exposure is as follows:

September - April

Minimum 5 minutes and maximum 15 minutes twice a day before 10am or after 3pm

Must wear protective clothing / sunscreen between 10am and 3pm

May - August

A total of 2 - 3 hours each week

Sun protection is not necessary during the winter months

Community Health at Yea Hospital – phone 5736 0400, Alexandra Hospital – phone 5772 0800

WHITE HART HOTEL, LONGWOOD

The White Hart will open for Christmas Day Lunch, featuring a selection of fresh seafood, roast meats, salads and of course, Christmas Pudding. Bookings are essential.

We're also taking bookings for Christmas Functions for your work or social group. We've developed a special menu which includes char-grilled scallops, smoked salmon, eye fillet, Thai style stuffed turkey and our favourite Xmas desserts. Call on 5798-5203

CHANGES TO RIPPING SUBSIDIES FROM THE HCCC

Due to increased demands and reduced government funds the Hughes Creek Catchment Collaborative has suspended any further subsidies for ripping until additional funding is received.

If you have already had work done that was approved you need to send your claim to :

HCCC
2848 Highlands Road
Highlands 3660

by the 1st December. **No payments will be made for past work after this date.**

If you have ripping work to be done contact Miranda Yorston and she will arrange a time to visit you to inspect the property and work out the hours required. Your request will be put on a list, in order of the time of the inspection and you will be contacted when more funding is available.

RAINFALL

We haven't had a dry September like this since 1925 when we had 15.8mm. Highlands had 19 mms, making 518 mms for the year. Terip was slightly worse with 16mms, and a year to date of 484.4 mms

HIGHLANDS LANDCARE GROUP

Friday 24th October at Highlands Hall Guest Speakers:

La Trobe students will present the results from their most recent studies of the Highlands peat and bogs. Simon Casanelia will speak on the subject "Peatlands and Spring Soaks". BBQ 'sausage sizzle' (BYO) at 6:00 PM, Speakers commence at 7:00 PM, Tea and Coffee at 9:00 PM

A BLACKBERRY STORY

A few Sundays ago, a field day was held on the Martin family property at Marraweeney, near Strathbogie. It was hosted by the Strathbogie Shire and the Strathbogie Tableland Landcare group to demonstrate how a heavy infestation of blackberries can be cleared in an environmentally sensitive manner.

Since 2000, two water courses and approximately 6 acres have been cleared of 3 metre-high thickets by both mechanical and chemical means. Valued native vegetation such as young blackwoods and ferns have been carefully retained and dead patches of blackberry canes have been left for the time being to provide habitat for native birds and mammal species. The creeks have been rehabilitated, and the banks revegetated, to provide habitat for frogs and reptiles. In addition, nest boxes have been provided for possums and gliders.

Angus Martin concedes that blackberry control will be a never-ending task but the progress he and his family have made over the last 8 years should give hope and inspiration to all landholders.

The following poem appeared in "Tableland Talk", Sept. 2003.

The Lord made them all on the day of creation:

The lion, the lamb, the rose, the carnation...

The Devil said, "Come on, don't I get a go?"

And the Lord was about to say, "Sorry, but NO!"

But (always fair-minded) he said, "I suppose..."

But your limit is one - that's as far as it goes."

"It's enough," grinned the Devil; he gesticulated,

Hey presto! - and the blackberry is what he created.

By Jenny Webb

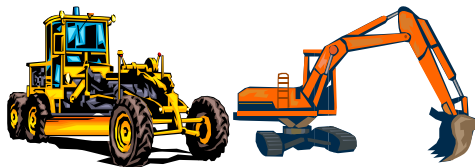
MERTON HALL REUNION

"If you are an Old Grammarian from Melbourne Girls' Grammar School (Merton Hall) living in the Yea district and would like to catch up, a lunch has been organised at Marmalades in Yea on Wednesday, 15 October at 12:30 pm. Please contact Marilyn Cooper (May '66) on 5796-9368 or by email on marilyn317@bigpond.com if you would like to attend so that Marmalades can be advised of approximate numbers."

Rocky
Passes



Cellar door open Sundays 11am-4pm
or by appointment - 57969366
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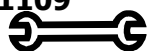


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