



PEOPLE AND PLACES

TRUST for NATURE

TRUST for NATURE was founded in 1972, as a non-bureaucratic organization, working with local communities to locate and/or buy outstanding conservation properties, and to issue permanent Conservation Covenants on significant areas of private land.

Decisions to permanently protect land need careful consideration of the special features of your property, and your own conservation goals. Landholders incur no costs when establishing a covenant. Some costs, such as fencing, may be provided through Government Grants.

62 ha of the Seymour Bushland Park, on the eastern outskirts of Seymour, 100 acres of Grassy Woodland at Gobur, and some at Creighton's Creek, part of Callan's Range on Hughes Creek, the Glentannar swamp (1 ha), and a property joining the Switzerland Range Flora Reserve are under T for N Covenants.

In the Highlands area, there are 6 covenants, protecting a total of 229 ha, and across the State there are 903 covenants, protecting 37,000 ha. Also, 60 properties, Statewide, have been bought through the Trust and given to the Crown as reserves.

In Highlands, and throughout much of the Hughes Creek Catchment, the spring soaks and bogs often have a great diversity of unusual plants, animals, insects, and micro-organisms.

Several rare plants have already been found, and it would be very exciting to find bandicoots again, as these were once quite common.

The current vegetation and hydrological surveys being undertaken by Arthur Rylah Institute and the University of Melbourne (initiated and funded by GBCMA) will certainly add a lot of basic knowledge to our understanding of these unique assets.

On Saturday 15th November at 11 am, the Mt Pleasant Reserve, at Alexandra, with a Trust for Nature Covenant, will be opened. Guided walks with Upper Goulburn Field Naturalists, a free lunch and magnificent views, are on the agenda, - you need to RSVP to Joan Semmens (UGFNC) 57 721 542, or Shelagh Curmi (T for N) 57 611 525.

NOTES FROM HIGHLANDS PRIMARY SCHOOL

Congratulations

A huge congratulations to Allyson Dixon who has been offered the ongoing principal position at Bethanga Primary School. We'll miss you!

Bandanna Day

Thanks to Jack Hodgetts who organised Bandanna day to raise funds for young people with cancer.

Visit to Flowerdale PS

Last week Meagan visited Flowerdale PS with the three Year 6 students. This was part of the cross school observation program and the year 6 transition program. Year 6s enjoyed the opportunity to work with other senior students.

Highlands Ramblers

On Sunday 26th October, 15 walkers assembled on Burgess Road, high above the Yarck township (good long distance views) for a walk to a not-yet-dry waterfall in an area of private bushland. Granite boulders, a few brave orchids and other wildflowers, and a koala skull all added interest. Next walk has not yet been arranged, due to other district functions - hope we can fit one in before Christmas! But come to the CFA Reconnaissance on 30th November, you'll see new places!

Photo of walk below by Geoff Lade



WELCOME TO ISSUE 33

Please send all articles to miranda@activ8.net.au.

I am printing on a Sunday now so articles need to be in before then and remember it is 'first in goes in' and we're often full earlier in the week.

COMMUNITY PLAN for RUFFY

The Strathbogie Shire has engaged Noelker Consulting to develop a Community Plan for Ruffy in line with all other communities within the Strathbogie Shire.

An initial district survey has been mailed to a random number of Ruffy & district residents and a public meeting will be held at the Ruffy Hall on Friday November 14th at 7:00pm to begin the community consultation process that will precede the development of a broader Ruffy Community Plan.

All Ruffy & district residents are invited to attend and if you have not received a survey form they are available from the Ruffy Produce Store during trading hours (Fri-Sun & public hols). Surveys should be completed and returned to Noelker Consulting prior to November 11th.

Highlands Caveat RFB Pre Season Training

The next training morning will be held at Strathnavar, off Gum Road on Sunday, 9th November 9am - 12 .BBQ to follow, BYO drinks. Meet at fire shed at 8.30am or at Strathnavar.

At the last Brigade meeting it was resolved that for a fire fighter to maintain a satisfactory level of personal safety and to work as an effective member of a fire fighting crew, he/she needs to attend at least one training session per year. If you are unable to attend the training on the 9/11/08 or the following session on the 6th December please contact Peter Roberts or Andrew Shaw to arrange an alternative time.

Don't forget the Volunteer health Testing at the Highlands Hall on Saturday 8th November. You will need to fast from midnight on Friday for the cholesterol test and the main focus will be on cardio vascular risk.

Rabbit Ripping Subsidies

Ring Miranda Yorston to arrange a visit to secure your rabbit ripping subsidy PH 57969261

Community What's On Calendar—November/December

Week beg 3rd November	Terip Terip mowing roster Helen McKenzie George and Trish Uden Around Clubhouse and all 4 courts
2nd November – 8th Nov	Whiteheads Creek/ Tarcombe RFB Paul Neibling Darren Brock Rob Hayes Lindsay Heffer
Friday November 7	Ruffy Store's regular First Friday dinner - a Summer BBQ/Buffer. Please call or email to book for dinner. And the bar open as usual so come as you are.
7, 8, & 9 November 2008	RUFFY ART SHOW AND SALE Ruffy Hall, 'meet the artists' preview & fundraiser 7 pm Friday tickets: \$12 bookings: 5790 4318 Open 10 – 5 Saturday 10 – 5 Sunday .Proceeds to the Ruffy community hall project, presented by Ruffartz, sponsored by Strathbogie Shire. ENTRIES INVITED NOW For entry forms or info: ph: Glen: 5790 4318 Sharron: 5790 4329 or email: parrindi@mcmmedia.com.au Entries close: Friday, 24 October 2008
Saturday 15 November	Mitchell at the Crossroads, A forum on re-building nature for our farms, our district and our future Guest speaker: Dr Andrew Bennett, Deakin University Tallarook Hall 9:30 for 10:00am start Contact DPI Broadford, 5784 0600 or broadford.fielddays@dpi.vic.gov.au
Friday 14th November	'Drinks on the Deck' at 6.30pm at the Highlands Hall. Bring a plate and share a meal, catch up with friends and meet new ones.
17th November	New Euroa Women's farming group is up and running, we have 12 women members but would still like to encourage new members to join. Our next meeting will be held on on-farm and will cover the following topics: · Managing Native Pastures for productivity and persistence and · Introducing Rotational grazing for cattle and sheep Cheryl Graham Farminganswers 96 Milawa-Bobinawarra Rd Milawa, Vic, 3678 Ph/fax 03 5727 3931 Mob 0408 393 105 cheryl@farminganswers.com www.farminganswers.com
Saturday 22nd November	RuffArtZ Season of Saturdays presents - Bric a Brac - dance, nostalgia & romance 8.00 pm, Ruffy Hall. Contact Glen on 5790 4318 for tickets (\$26 ea.) or information.
Saturday 23rd November	Finn, a NSW band travelling down especially for this weekend to play some funk, rhythm and blues. Entry is \$10 and special price taxis available Bookings via the White Hart are essential.
Friday 28th November	HPS invites the community and especially Scotty to join in a cricket match at school starting at 2pm. Please let Meagan know if you can come so we can draw up teams beforehand PH 57969208
Sunday 30th November	Annual CFA Recognisant trip around Highlands meeting at 9.00 am at Highlands CFA shed. An afternoon in the gardens at Habbies Howe, for a picnic, wine and music. 1.00pm onwards Music from the very talented Gus Brooks BYO or Lunch and local wine available to buy. Raffle run by Junior CFA members Everyone very welcome.
Sunday 30th November	The White hart Hotel is hosting a special Charity BBQ in aid of the Longwood CFA. There'll be bbq lamb chops and spit-roast legs (kindly donated by our local farmers), accompanied by salads and sweets. With a glass of wine from Maygars Hill or Longwood Wines included it's sure to be a fantastic afternoon. Tickets are \$15 with all proceeds going to Longwood CFA.
Monday December 1st	EverGraze Field Day - Creightons Creek Supporting Site Creightons Creek 9am-2:30 pm Barrie Noye's paddock, Creightons Creek Rd, Creightons Creek (just south of the Longwood-Mansfield Rd on the East side of the road). Introduction to EverGraze and your opportunity to get involved in this local supporting site. Tools for implementing a rotational grazing system, summer management of native pastures. Please RSVP to Rhiannon Apted RhiannonA@iinet.net.au P: 03 57 354 351 Mob: 0418 140 710 Lunch Provided www.evergraze.com.au
Friday December 5th	EverGraze Field Day - Strath Creek Supporting Site Strath Creek 9am-2.30 pm "Three Sisters" (Terry Hubbard), 2724 King Parrot Creek Road, Strath Creek (followed by Strath Creek Hall). Introduction to EverGraze and your opportunity to get involved in this local supporting site. Tools for implementing a rotational grazing system, summer management of native pastures. Please RSVP to Rhiannon Apted RhiannonA@iinet.net.au P: 03 57 354 351 Mob: 0418 140 710 Lunch Provided www.evergraze.com.au

Classifieds & Community Notices

BITS OF BOTANY AND BIRDS

The BLUE PINCUSHION (*Brunonia australis*) is one of our more common and beautiful wildflowers, particularly in woodland communities, and often on sandy or shallow soils. The terminal flowerhead is a collection of bright blue 5-petalled flowers, growing on a stem to 30cms from a rosette of greyish silky leaves. It flowers, often in colonies, in late spring. Recently, I was quite surprised to find exactly the same plant flowering in outback Western Australia.



The Benefits of Reading to the Young

The Rotary Club of Yea would like to invite Parents and Grandparents of young children to attend a presentation by Jim Kinniburgh, Literacy Educator on the benefits of reading to young children. The presentation will focus on children aged up to junior primary school level, but will be beneficial for all parents. The presentation will be from 7.00 pm to 9.00pm, Tuesday 18th of November, Yea Council Chambers adjacent to the Yea Library. For further enquiries ring Ian Lynch

FOR SALE

Jack Russell Puppies
Tan & White, some with a trace of black. Both parents good natured with children. 8 weeks old, 4 females & 2 males. PH 5790 4298

Walking for good health

Physical activity does not have to be vigorous or done for long periods in order to improve your health. Any exercise will improve your fitness levels. Walking is a suitable physical activity for most people, and is generally a safe activity.

Benefits of regular walking

Increased cardiovascular and pulmonary (heart and lung) fitness
Reduced risk of heart disease and stroke

Improved management of conditions such as hypertension (high blood pressure), high cholesterol, joint and muscular pain or stiffness, and diabetes

Stronger bones and improved balance
Increased muscle strength and endurance

Reduced body fat.

Sustained weight loss.

Increased overall sense of well-being.
Walk for 30 minutes a day

To get the health benefits, walk for at least 30 minutes as briskly as you can most days of the week. 'Brisk' means that you can still talk but not sing, and you may be puffing slightly. Wear loose, comfortable clothing, and sensible shoes. Protect yourself from the sun with clothes, sunglasses, a hat and sun block.

Drink plenty of fluids before and after your walk. Take water with you on a long walk.

If you have a medical condition or any health concerns, check with your doctor before you start any type of physical activity program.

People of all ages in Murrindindi Shire are being encouraged to walk more. For information about groups and activities, contact Community Health at Yea Hospital – phone 5736 0400 and at Alexandra Hospital – phone 5772 0800

Highlands Community Hall

Volunteers of all ages worked around the Highlands Community Hall recently. We 'rosella proofed' the hall as well as the normal weeding, mowing & cleaning that is needed at this time of the year. A simplified 'Rules of Chess' is now there to help new chess players.

A big thank you to all the workers. The sporting equipment is all in the new shed ready for action. If you would like to play tennis, volleyball, netball or basketball at the hall contact Sue Peterson on 5797 6395.

CHANGES TO RIPPING SUBSIDIES FROM THE HCCC

If you have already had work done that was approved you need to send you claim to :

HCCC

2848 Highlands Road

Highlands 3660

by the 1st December. **No payments will be made for past work after this date.**

If you have ripping work to be done contact Miranda Yorston and she will arrange a time to visit you to inspect the property and work out the hours required. Your request will be put on a list, in order of the time of the request and you will be contacted when more funding is available.

FOR SALE

Pine single bed with drawers and mattress, Pine single bunk beds with assorted mattresses, Pine writing desk with drawers, Double bed with wooden ends and tulip design and mattress, Assorted electrical items, Small antique table, 2 bridge chairs which need recovering, Assorted kitchen items per box and some toys To give away a quantity of 1" seedling tubes and 2" pots Phone AH 57904211

First Summer Drench For Sheep

Please contact us about your first Summer drench requirements. Again, timing is vital and we recommend drenching from NOW over the next six weeks.

Purchase your first Summer drench requirements from us and we will give you a free worm test opportunity in late Summer (for up to three mobs). We are planning an in-store worm test day in Jan/Feb for those who have purchased drench through Wales Rural.

For further information call Wales Rural Traders or contact Glenn on 0427 313 776.

New line marking of Ghin Ghin Rd

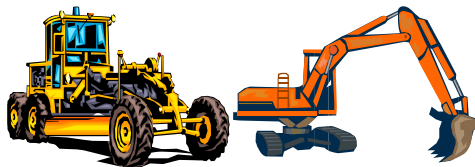
The Shire's engineer says that they expect the new line marking of Ghin Ghin Rd to be done in early Feb 2009.

It will be undertaken on the presently unmarked sections on Ghin Ghin Rd between Highlands Rd (the Hall corner) to the most southerly bridge approx 2km north of Goulburn Valley Hwy.

Rocky
Passes



Cellar door open Sundays 11am-4pm
or by appointment - 57969366
1590 Highlands Rd



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Saturday 8am to 4pm

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ANTCLIFF'S CHASE



- WINE SALES
 - 10am - 5pm Weekends
 - Weekdays by Appointment
- Ph: 57 904 333

Ruffy Produce Store

Breakfast & Lunch
Saturdays, Sundays & Public Holidays from
8am

Lunch Fridays from 11.30am

Need to book, call Helen or Doug

T: 5790 4387

E: info@ruffystore.com

F: 5790 4209

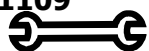
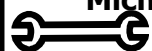


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