

# St John Ambulance Community First Aid Sunday 7 July 2019

All Tablelands Community  
Members welcome...

NO COST

**Tablelands Community  
Centre  
Ruffy**

Start 11.00am sharp  
Finish 1.30pm

Light Lunch Included

Followed by a brief  
presentation from some  
Strathbogians about their  
"Bogie Tree" community  
information site and whether  
we might implement one in  
Ruffy...

Course Includes:

snake bites, wasp stings  
vehicle accidents including  
tractors, vehicles and quad  
bikes, farm based injuries  
including chain saws,  
livestock crushing injuries,  
fractures,  
stroke and cardiac related  
emergencies  
using an AED (defibrillator)

*Certificate of Attendance  
upon completion.*

**Bookings/Enquiries**

**30 places available -**

**Please email full name of  
participant/s and contact  
details via sms to:**

**Felicity Sloman 0413 483 450**

**or email**

**[fsloman55@gmail.com](mailto:fsloman55@gmail.com)**

**(on behalf of Ruffy  
Community Action Group)**