



NOTES FROM HIGHLANDS PRIMARY SCHOOL

Student of the Week *Will*



For being an outstanding leader and making visitors to our school feel welcome. Well done!

Rubicon Writers' Camp: This camp is organised by Libby and the MARC committee. Highlands are lucky enough to have 6 representatives attending this camp- Emillie, Kendall, Jessica, Will, Lucia and Emily. They will work with an author/illustrator over 3 days. They are very excited about this opportunity.

Healthy Lunches: Some parents may have noticed a "healthy eating adventure" happening at the school this week. We will soon be working with Yea & District Community Health to begin a healthy life program as part of the Dept of Health's health promotion priorities. The program, part of the Achievements Awards program, will not officially start for a while, and will focus specifically on fruit and vegetable eating. We will keep you posted with our progression on that program through this newsletter and letters sent home. This healthy lunchbox week is a fun way to explore the food we eat and has certainly started some great conversations in the classroom and at home!

Thank you: I am finally back on deck, although a little slow! A huge thank you to all staff, students and parents for your support while I was on leave.

By Meagan Callander—Principal, HPS

PEOPLE AND PLACES

TO BURMA and BACK

Sometimes casual contacts can have unpredictable consequences. Such was the case when Freya Stokell met Jenny Webb from Highlands at a function at Habbies Howe.

Jenny was telling Helen Macdougall and Freya how she would love to have a qualified chef to do some work with her in Myanmar; Helen immediately volunteered "Oh, Freya could do that!"

Freya started her career as an apprentice chef in her home city of Hobart but in her 3rd year she decided she wanted to play in the main game so packed up and moved to Melbourne. Not only was it closer to the action, but it was closer to the snow that Freya loved so much.

Working across the range of bistro food, creative Pub food as well as fine dining, she rounded out her experience and found herself managing a ski lodge at Mt Hotham. To offset the Australian season Freya worked at Canadian ski resorts in the northern winter but it was the attraction of working at the much awarded regional Tea Rooms of Yarck that brought Freya to our district..and she just loves it.

Following up on her meeting with Jenny Webb, Freya jumped at the opportunity to contribute to Jenny's work in Myanmar as a visiting professional. She has just returned from two weeks there where she delivered a food handling, safety & hygiene course.

Many of our readers would be familiar with Jenny's work in Myanmar where she runs a training facility in Yangon (formerly Rangoon) providing English, Computer Literacy & Hospitality training to underprivileged Burmese students.



Three of Jenny & Freya's Burmese Students



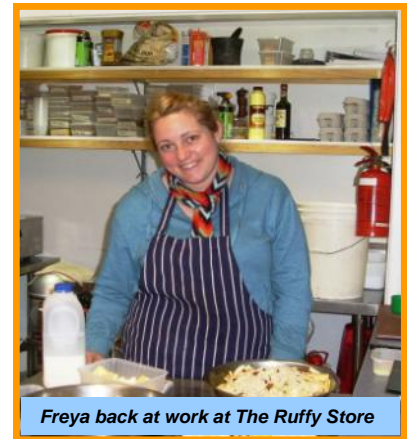
Hughes Creek
Catchment Collaborative

READERS' WRITES

APOLOGY

In last week's *Granite News* Readers' Writes column, a letter from John Sporry was incorrectly attributed to Quentin Pritchard. The letter was sent from Quentin's email address but had in fact been written by John.

I apologise to both John and Quentin for any embarrassment or inconvenience that may have been caused as a result of this error.—Don Cook, Editor



Freya back at work at The Ruffy Store

The programme that Freya worked with is aimed at training Burmese students to operate locally based Burmese cooking classes for foreign tourists.

This was Freya's first Asian experience and she said that she was blown away by the warmth, friendship and happiness of the people who celebrate life with such incredibly low expectations.

Sitting with her by the warm fire late in the day at her regular job as chef at The Ruffy Produce Store, I asked Freya about her career mission. Without hesitation she replied "I chose to come and work here because it gave me the opportunity to cook the food that I want to cook and to live in the place that I have come to love."

She went on to say "What I love about my job is being able to use fresh wholesome ingredients that are cooked from the heart and deliver flavours you recognize. I want to make food an experience rather than just sustenance"

In her spare time Freya does Pilates, looks after her two dogs and catches up with local friends.....and yes, she's caught the bug and is already thinking about her next trip. By Don Cook

COMMUNITY "WHAT'S ON" CALENDAR AUGUST/SEPT 2013

<p>Friday 16th 5:30pm Saturday 17th 8:00pm & Sunday 18th August 4:00pm</p>	<p>EUROA CINEMA "Star Trek Into Darkness" 129 mins (M) Action Adventure **** 4 stars The Starship Enterprise is still boldly going where no man has gone before but this time the crew, under the leadership of Captain Kirk, overstep their brief when they try to save people of an outlying planet from an erupting volcano....and then there's an attack on the Starfleet Archive in London! It is all happening and devotees will not be disappointed with this action adventure in true Star Trek style. Friday night's screening will be another Youth Services special event when the doors open from around 5.30pm with all kinds of treats and games to be enjoyed. Anyone wishing to dress in Star Trek style will no doubt be rewarded—or at least have some competition in regard to who can dress the best!!</p>
<p>Friday 16th August 7:00pm</p>	<p>RUFFY HAPPY HOUR (or TWO!) Ruffy Community Hall, Nolans Road "Come along and catch up with friends or meet someone new, everyone welcome!" BBQ provided BYO meat/drinks and a salad or sweet to share Contact Henry 5790 4246</p>
<p>Saturday 17th August 9am-1:00pm</p>	<p>EUROA VILLAGE FARMERS MARKET Rotary Park, Kirkland Ave., Euroa "Meet, Greet, Eat & Shop" A wonderful range of farm fresh produce from "local" producers. Contact Leah Jones 5795 1886 or hunaleah@mcmmedia.com.au</p>
<p>Saturday 17th August 9am-2:00pm</p>	<p>FAIR FOOD WEEK Fair FREE Food Stall Seymour Community Market Kings Park Seymour Join your local community to celebrate food, get information on healthy eating, growing & preserving your own food, free veggies and lots more. Bring along your own home grown veggies to swap & share. FREE food to eat and kids activities too.</p>
<p>Saturday 17th August 4:30pm-9pm</p>	<p>SHUFFLE UP TO THE RUFFY STORE Nolans Road, Ruffy Make up a table for your favourite Card Game-Euchre-500-21-Canasta CASSEROLES & PUDDING will be served. \$25/Head. Book Early. Contact Helen 5790 4387</p>
<p>Monday 19th August 8:00pm</p>	<p>RUFFY HALL COMMITTEE MEETING Ruffy Community Hall, Nolans Road Quarterly committee meeting and all welcome. Contact Sharron Batt 5790 4329</p>
<p>Wednesday 21st August 7:30pm</p>	<p>TERIP TERIP TENNIS CLUB AGM Terip Recreation Reserve All welcome. For any enquiries please Contact Cindy Hayes 5790 4226</p>
<p>Saturday 24th August 10am-11am</p>	<p>HCCC LANDCARE CAMERA TRAINING Tablelands Community Centre (Old Ruffy School) If you're interested in monitoring native fauna and other wildlife, then come along and be trained to use Landcare's new movement activated wildlife cameras. Morning coffee will follow at The Ruffy Store. janethhagen@gmail.com Contact Janet Hagen 5790 4268</p>
<p>Sunday 25th August 11:15am</p>	<p>St. DAVID'S UNITING CHURCH Terip-Ruffy Ruffy Road, Terip Terip This service will be conducted by our Reverend Glenys Gill. All welcome. For any information please Contact Jennifer Penny 5790 4233</p>
<p>Friday 30th August 6:00pm</p>	<p>ROCKY PASSES TAPAS NIGHT Rocky Passes Winery 1590 Highlands Rd., Whiteheads Creek The popular Tapas Nights provide a relaxing way to end the week by enjoying great food & wine with friends. Contact 5796 9366 or Email contact@rockypasses.com.au</p>
<p>Saturday 31st August 7:15pm</p>	<p>CHIZIA (Colossal Challenges, Quirky Quizzing, Terrific Trivia) @ Ruffy Hall. BYO drinks and nibbles. Memorable Ruffy supper. Meet your neighbours. Adults \$10, pre-teens free on pre-teens table with own activities. Make up a table team and secure your tickets Contact Roger 0437 771 580</p>
<p>Saturday 7th September 9am-2pm</p>	<p>YEA COUNTRY MARKET Yea Railway Park, Station Street, Yea Showcasing local producers, growers and makers offering an array of stalls, the best in fresh local produce, arts and crafts, children's activities, play ground and skate park. Gold coin donation entry</p>
<p>Sunday 8th September 11:15am</p>	<p>St. DAVID'S UNITING CHURCH Terip-Ruffy Ruffy Road, Terip Terip This service with Holy Communion will be conducted by our Reverend Glenys Gill. All welcome. For any information please Contact Jennifer Penny 5790 4233</p>

Classifieds & Community Notices

LOCAL GOINGS ON

SHUFFLE UP to THE RUFFY STORE



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Popular local entertainer Jim Davidson
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Saturday September 28th
6:00pm

Only \$25 per person, so put on your
dancing shoes
and book early.



All proceeds to the
Ruffy Recreation
Reserve.

Contact Pam
5790 4240

CONSUMING FACT

Despite a domestic wine surplus, in
2012 Australians bought 56.5 million
litres of foreign white wine – in year
2000 it was only 3.8 million litres.
SAUVIGNON BLANC accounts for
40% of all white wine sales in Australia
but 17 of the top 20 sauvignon blanc
labels are from New Zealand
SMH 020213



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LANDCARE NEWS & NOTICE BOARD

“FOX ON THE RUN” COMPETITION A HUGE SUCCESS

HCCC Landcare’s “Fox on the Run” competition for June 2013 has proven to be a huge success with a total of **431 Foxes shot**.

On Friday 9th August an awards dinner was held at the Ruffy Hall, catered by the Ruffy Rec Reserve ladies and attended by 30 members of the local community.

George & Mark Noye won the Teams Priize of a trophy made from local Granite plus a cheque for \$500 for their outstanding effort of **131 shot Foxes**.

The Runner Up Team, brothers **Dave & Wayne Ambrosini** were presented with a cheque for \$250 for their tally of **82 tails**.

In the Individual section **Brendan Leigh** took out the trophy with a total of **101 shot foxes**. Brendan also received a cheque for \$500.

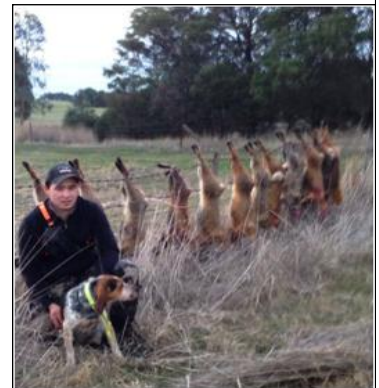
In his acceptance speech George Noye said that he & Mark appreciated the recognition that they received for spending many cold nights on local hilltops doing farmers a favour. George went on to say that many farmers preferred to have responsible shooters attack their fox problem rather than use baiting programs. Baiting has obvious dangers and as George put it “you never know what result you get, whereas with shooting you get to see an instant result”.

George & Mark’s best single night tally was 17 foxes, but one night they shot 10 foxes in just one paddock.

On this theme, Brendan also bagged 17 foxes on one night but the Ambrosini brothers’ could claim the best single night result with a tally of 25.



George & Mark Noye, Wayne & Dave Ambrosini
Brendan Leigh (plus Twins) after receiving their awards



George relaxes after a good
night's work

WHAT'S GOING ON OUT THERE ? HCCC Landcare Cameras Will Tell You !



At our recent community meetings there has been strong interest in using new technologies to monitor native fauna and feral species.

As a result of this community input, HCCC Landcare has purchased six new movement activated cameras.

Bandicoot, Quoll and Phascogale spotters will now be able to record the presence and movement of any rare native fauna AND **Fox, Deer and Black Panther** hunters will also be invited to take advantage of this Landcare initiative.

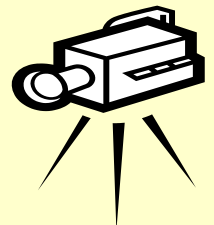
A training session on the use of these cameras will be run at the Tablelands Community Centre (Old Ruffy School) on Saturday 24th August from 10am-11am followed by morning coffee at the Ruffy Produce Store.

Anyone interested in borrowing our cameras should attend this training

Colin Cook runs a business called "Monitor Cameras" and is an expert on setting up and using wildlife cameras. He is supplying our cameras and will run the training session.

The cameras will be available for loan from the Landcare office. Please contact Janet Hagen if you are interested in attending.

janethagen@gmail.com. 5790 4268 .



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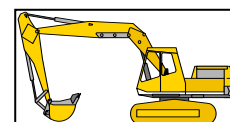
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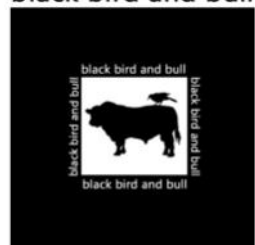
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