



10th YEAR !!

THE GRANITE NEWS

24TH APRIL 2016

VOLUME 10

ISSUE 12

WHITEHEADS CREEK

TERIP TERIP

CAVEAT

RUFFY

HIGHLANDS

HUGHES CREEK

PEOPLE AND PLACES

Outreach Medical Services come to our Tablelands

The Strathbogie Outreach Team held a highly successful free health screening clinic on 31st March.

The clinics are hosted at the Tablelands Community Centre-Ruffy where waiting room facilities, private consulting rooms & complementary coffee, tea & biscuits are available.

In addition to blood pressure checks and Type 2 diabetes assessments, the Outreach Team provides professional support for those dealing with chronic diseases such as arthritis, diabetes, stroke and heart disease, as well as mental health matters, including education, and referral.

Much positive feedback has been received about the concept as it presents an opportunity for local residents to ask informal questions about all aspects of their health, particularly how to navigate the health system and the availability of personal assistance.

The next clinic is scheduled for **Thursday 5th May at 11am.**

The Outreach Team will present an overview of the Health Screening Program and then focus on winter health topics such as managing flu, asthma, the winter blues, Vitamin D depletion and financial assistance to help with higher living costs during the colder months.

Consultations will commence after this discussion, from approximately midday until 2pm. No appointments are necessary but please contact **Melissa 0404833388** if you wish to book a preferred time or if you have any questions about the program.

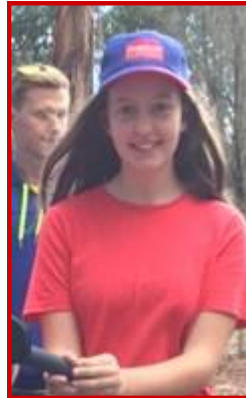
Come along, meet the team and tell them what's important for you and your family's health.

We look forward to seeing you on the 5th May.

NOTES FROM HIGHLANDS PRIMARY SCHOOL

STUDENT OF THE WEEK

EMILY



For showing great leadership by helping juniors and having a positive attitude to her school work

SAVE OUR SONS WALK VISITS HIGHLANDS PS

Founded in 2008, Save Our Sons is a children's charity established by Elie and Nancy Eid after their son, Emilio, was diagnosed with DMD. (Muscular Dystrophy)



Highlands Primary School Captain Emily and Junior School Councillor Oliver with Emilio starting the next leg of the walk from Highlands to Yea.

By Diann Schrapel—HPS



Hughes Creek
Catchment Collaborative

Contact editor@tgn.org.au 5790 4007
To subscribe online go to
www.highlands.org.au

LANDCARE NOTICE BOARD

RABBIT MONTH- MAY 2016

Rabbit month is coming up again and the HCCC is offering a reward/prize to the hunter with the most tails.

Competition runs for the whole month of May 2016 finishing up by the 6th of June.

Tails can be handed in to Janet Hagen or Simone Ulstrup during the first week in June with a closing date of the 6th. More information to follow, and you can also register your interest via email to be updated on any further details.

Janet Hagen

janethhagen@gmail.com

Simone Ulstrup

hughes.creek1@gmail.com

WANTED DEAD — NOT ALIVE GORSE



"The key to controlling the spread of Gorse is to prevent flowering or at least reduce its ability to set "seed."

Call or email Simone on **57904146**
hughes.creek1@gmail.com
to find out about Landcare subsidies

FINDING FOXY Issue 11 2016
Good Friday Foxy Page 3

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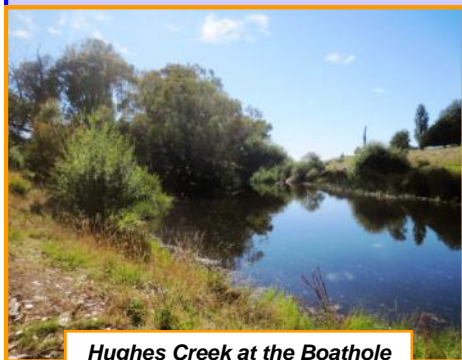
Classifieds and Community Notices

LOCAL GOINGS ON

A Chance to Explore our iconic Hughes Creek

This year Landcare members aim to walk the Hughes Creek from Terip to Avenel in a series of stages. The total distance is 65kms.

We will explore sections of the creek that are very spectacular and seldom visited.



Hughes Creek at the Boathole

To start this series of wonderful walks we will hike from the Boathole at Ruffy to Kopanica's Mineral Springs 6 kms (lunch) then the option to head down to Dropmore another 2 kms.

Car shuffle arranged,
BYO LUNCH & SNACKS.

Wear good walking boots, expect uneven ground, bring your camera & drink bottle.

You are invited to join us and everyone is welcome. Please let us know if you intend joining the group.

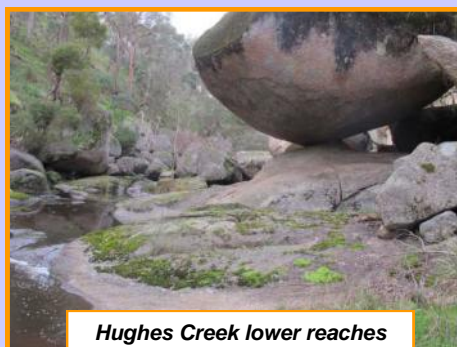
Date: Sunday 1st May 2016

Time: 9am - 2pm

Contact: Janet Hagen

hughescreek2@gmail.com

57904268 or 0458904268



Hughes Creek lower reaches near Tarcombe

SEEKING STRATHBOGIES STARGAZERS

Do something different and learn new stuff !

Hughes Creek Catchment Collaborative (HCCC Landcare)

invite you to explore the night sky through an astronomical telescope (an impressive 16" Dobsonian Reflector telescope)

Will Trueman will be our guide and tutor for the night.

Everyone is welcome at this children friendly event.

Please bring a chair each, warm clothing & a blanket to stay cosy.

There will be a warm fire going in the pavilion. We will provide hot pies and sausage rolls with sauce, drinks and cakes for supper.

Friday 29th April 2016 (first option if the skies are clear) OR

Friday 6th May (second option if the weather lets us down on the 1st date)

Time: 6pm - 10pm

Venue: Terip Terip Recreation Ground & Tennis Courts

Book a place by contacting Janet Hagen

hughescreek2@gmail.com or **57904268**

Community Fence Needs Attention

Our community fence at the Highlands Community Hall is showing signs of age & the pickets need some attention.

Would those who lovingly created them take a look at their own work of art & spruce them up to extend their life.

Thanks so much, Judy Reid

TRADING PLACES

Good stuff for private sale or wanted by friendly locals

To Advertise in this Column
Contact editor@tgn.org.au

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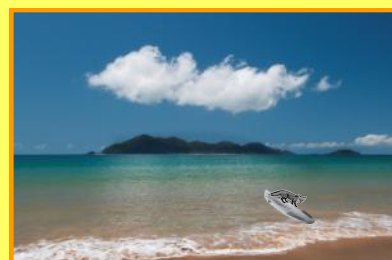


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COMMUNITY "WHAT'S ON" CALENDAR APRIL/MAY 2016

Thursday 28th April 5:30pm	<i>SECRET MEN'S BUSINESS</i> <i>Old Caveat Church, Caveat-Dropmore Rd, Caveat</i> Come along and have a casual chat with other local blokes. BBQ Tea Provided (Gold Coin) BYO Drinks
Friday 29th April 6pm—10pm	<i>HCCC LANDCARE STARGAZING</i> <i>at the Terip Terip Recreation Reserve</i> Everyone welcome at this children friendly event. Bring a chair each, warm clothing & a blanket to stay cosy. There will be a warm fire going and we'll provide hot pies and sausage rolls with sauce, drinks and cakes for supper. Contact Janet Hagen 5790 4268
Saturday 30th April 9:00am	<i>HIGHLANDS COMMUNITY HALL WORKING BEE</i> <i>at the Highlands Hall</i> Come & join us as we tidy up the grounds of our Community Hall. All exterior doors need painting, as well as the usual weeding, brush cutting & pruning. Bring along appropriate tools & then stay on to enjoy a BBQ lunch together. Contact Judy Cameron 5796 9247 or Judy Reid 5796 9358 for more information
Saturday 30th April 9:00am	<i>RUFFY MEMORIAL WORKING BEE</i> <i>at the Soldiers' Memorial—Ruffy</i> You might have seen that the memorial area in front of the Ruffy CFA had a bit of a face lift. What's left to do is placing weed mat and spreading gravel. It would be great if members of the community could help with this task.
Saturday 30th April 8:00 pm Sunday 1st May 4:00 pm	<i>THE EUROA CINEMA "45 Years"</i> 133 Mins (M) Drama 4 stars There is just one week until Kate Mercer's forty-fifth wedding anniversary and the planning for the party is going well. Then a letter arrives for her husband. The body of his first love has been discovered, frozen and preserved in the icy glaciers of the Swiss Alps. By the time the party is upon them, five days later, there may not be a marriage left to celebrate. Charlotte Rampling, who plays Kate, makes acting look so effortless and Tom Courtenay as her husband is no slouch either.
Sunday 1st May 9am-2pm	<i>HCCC LANDCARE HUGHES CREEK WALK</i> <i>starting at The Boathole-Ruffy</i> We will hike from the Boathole at Ruffy to Kopanica's Mineral Springs 6 kms (lunch) then the option to head down to Dropmore another 2 kms. Car shuffle arranged, BYO LUNCH. Please book your spot with Janet Hagen hughescreek2@gmail.com or 5790 4268
Wednesday 4th May 7:30pm	<i>RUFFY COMMUNITY ACTION GROUP</i> <i>Ruffy Hall, Nolans Road, Ruffy</i> You're invited to the quarterly meeting of the Action Group. Guest speakers from the Shire & CFA Region will inform the community about developments regarding the Ruffy Neighbourhood Safer Place. Everyone is welcome & we are seeking community input on this. For information contact Verena Weinmann, Secretary 5790 4309
Sunday 7th May 9:00am—2pm	<i>YEA COUNTRY MARKET</i> <i>Yea Railway Park, Station Street, Yea</i> Showcasing local producers, growers and makers offering an array of stalls, the best in fresh local produce, arts and crafts, children's activities, play ground and skate park. Gold coin donation entry
Friday 13th May Lunchtime & Saturday 14th May	<i>LANDCARE FORUM</i> <i>at the Dookie Agricultural College</i> The Landcare community in Goulburn Broken has put together a stimulating agenda with presentations from a "who's who" of Landcarers and their partners. The forum commences at lunch on Friday 13 th with an afternoon focussed on Partnerships in Landcare . Neil Devanny the chair of the Granite Creeks Project will lead discussion about their longstanding partnership with the Strathbogie Shire Council and how their group has maintained a respectful relationship across different stakeholders. Everyone Welcome. Contact David Ince inces@icloud.com or Kaye Rodden nidgee@reachnet.com.au
Friday 13th May 6:30pm	<i>'DRINKS ON THE DECK'</i> <i>at Highlands Community Hall</i> Bring food to share for a meal together and catch up with friends old and new. All welcome - especially new faces. Gold coin donation. Contact Judy Cameron 5796 9247

