



WHITEHEADS CREEK

TERIP TERIP

CAVEAT

RUFFY

HIGHLANDS

HUGHES CREEK

## PEOPLE AND PLACES

### St John Delivers First Aid Awareness on the Tablelands

Living here on the Strathbogrie Tablelands is something that none of us takes for granted. We appreciate and celebrate the peaceful and often pristine environment, the sense of connected remoteness, our vibrant & supportive communities and the clear air. However one of the drawbacks can be the time and distance that we live and work from emergency medical care.

Support for community First Aid education has come from Ruffy Artfest, Ruffy CFA, Tablelands Community Centre, Ruffy Recreation Reserve and the Ruffy Community Action Group which underwrote last Sunday's Emergency First Aid Awareness session. The event was organised by Caveat's Melissa McDowall and delivered by St John Ambulance at the Tablelands Community Centre. It was not First Aid Certificate training, but it did equip the participants with valuable information and the confidence to handle an initial response to some common medical emergencies such as snake bite, CPR and the use of the defibrillator.



*The initial First Aid Awareness training was over-subscribed. So there may be more*



Hughes Creek  
Catchment  
Collaborative  
**Landcare**

Contact [editor@tgn.org.au](mailto:editor@tgn.org.au)  
To subscribe online go to  
[www.highlands.org.au](http://www.highlands.org.au)

**The Granite News** is an open but moderated community forum. We encourage our readers to contribute articles and we also encourage you to air your views on things that interest or concern you within our community. We certainly encourage feedback from you, positive or otherwise on anything that is published in **The Granite News**

## LANDCARE NOTICE BOARD



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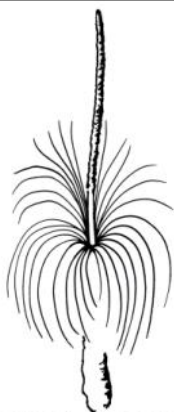
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Caveat—Michael Kopanica **5790 4235**  
Highlands— Scott McKay **5796 9259**  
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**FINDING FOXY** Issue 38 2017  
Ukelele Foxy Page 3



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## READERS' WRITES

### Balancing Act

Because of a spinal cord injury, I have a balance problem. When I do lose my balance, I no longer recover as well as I once did so I occasionally fall.

In life, there is actually value in getting out of balance occasionally. If we are always perfectly balanced, nothing changes and life can easily get into a rut. The current word today I believe is being 'disruptive'.

Fifteen years ago, I believed there should be some civil arrangement for same sex couples, but not call it marriage. At the time, I thought I held a fairly balanced position. But the words of one person challenged my opinion and 'disrupted' my position. The result was I made the decision for marriage equality, so it was easy for me to recently vote 'yes'.

Life is full of challenges that can disrupt and upset our comfort zone.

Deciding to live with a partner, getting married, having children, changing jobs, moving house, experiencing the death of a dear one, to name a few. Each time it takes time to adjust and regain a new balance.

Not only will it mean a change in habits and priorities, it may mean changing old assumptions and sometimes moral positions.

However, each time we regain our balance, we arrive at a new place, we can never return to the old position.

Faced with the current acronym LGBTIQ, I think I am about to be put off balance again. The assumption that the world is made up of just male and female is now being challenged. Maybe there is more to Jung's idea that there is a masculine and feminine in all of us and that we are all on a gender spectrum.

What do you think?

Stuart Reid — Highlands

## LOCAL GOINGS ON

## TRADING PLACES

Good stuff for private sale or wanted by friendly locals

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## SPEAKING PLAIN ENGLISH

*Who's cruel idea was it  
for the word "Lisp"  
to have an "S" in it?*

## Documentary film on local artist is being shown at the Council Chambers, Yea Library. 4.30 pm Tuesday December 12



**Dennis Spiteri** is the subject of a film titled 'In Pursuit of Ecstasy: A Portrait of Dennis Spiteri'. The feature-length documentary film is about the prolific local artist's life and work and covers his migration to Australia from Malta with his parents at age of six; his education and art studies in Melbourne and his long career (47 years) as a professional artist. Interspersed through the film is a review of each series of paintings he's produced during this time.

The one major source of inspiration for Dennis Spiteri's work has been classical music. Every series of paintings he has done has been inspired by a particular piece of music. For this reason, music plays a huge part in the overall telling of his story in the film. Come along to view the film presented by Dennis. (Please note: film runs for 103 minutes).

To book please call 57360036

# COMMUNITY "WHAT'S ON" CALENDAR — NOVEMBER/DECEMBER 2017

**Sunday 26th  
November  
10am — 2pm**

**TODAY !!**

**NAGAMBIE FARMERS MARKET** Tahbilk Winery 10 Cottage Lane, Nagambie  
Produce that will be available at the market include beef, lamb, pork, chicken, honey, vegetables, fruit, mushrooms, bread, wine, beer, cider, olive oil, cakes, biscuits, sauces, spreads, plants, herbs and much more.  
**For further details contact Cynthia Lim 0403 831 520 [nagambiefarmersmarket.com.au](http://nagambiefarmersmarket.com.au)**

**Sunday 26th  
November  
11am—2pm**

**TODAY !!**

**RUFFY COMMUNITY FIRE AWARENESS SESSION** at Ruffy Fire Shed  
Bushfire awareness presentation.  
Discussions on property preparation and personal protection.  
Free BBQ Lunch and "Captain Koala"  
All community residents & kids welcome and encouraged to attend.  
**Contact Felicity 0413 483450**



**Tuesday 28th  
November  
7:00pm**

RuffArtZ

**RUFFARTZ ANNUAL GENERAL MEETING** at the Ruffy Hall  
Everyone welcome, new committee members encouraged. Supper provided.  
**Contact Roger 0437 771 580**

**Thursday 30th  
November  
5:30pm**

**SECRET MEN'S BUSINESS** Old Caveat Church, Caveat-Dropmore Rd, Caveat  
Come along and have a casual chat with other local blokes.  
BBQ Tea Provided (Gold Coin) BYO Drinks



**Saturday 2nd  
December  
1:00pm**



**ANNUAL CITY vs COUNTRY CRICKET MATCH** at Ruffy Recreation Reserve  
It's On Again ! Good Grief, don't they know when to retire??  
**Contact Scott McKay 0427 969259 or David Sleight 0429 904301**  
Selection guaranteed —No mobility scooters permitted—Walking frames allowed

**Saturday 2nd  
December  
6:30pm**

**RUFFY COMMUNITY CHRISTMAS PARTY** at Tablelands Community Centre  
Free BBQ Sponsored by CFA & Tablelands Community Centre — Santa at 7:30pm  
Bring Salads/Desserts to share.  
**Kids gifts to Melissa before 7pm**



**Friday 8th  
December  
6:30pm**



**HIGHLANDS/CAVEAT COMMUNITY CHRISTMAS BREAK-UP** Highlands Hall  
Come along and join in the End Of Year Get Together with the Highlands / Caveat community. BBQ starts 6.30pm with meat provided, BYO drink, glass, chair and a salad to share. ALL community members welcome.  
**For further information contact Judy Cameron 5796 9247**

**Saturday 9th  
December  
3:00pm**

**HIGH TEA with LORRAINE LEA** at Ruffy Store, Nolans Rd Ruffy  
High Tea and complimentary champagne will be offered in conjunction with a Lorraine Lea linen consultant . More details in next Granite News.  
RSVP by December 4th please.  
**Contact Kerrie 0488 240408 (Call or Text)**



**Tuesday 12th  
December  
4:30pm**

**A PORTRAIT of DENNIS SPITERI** Yea Library Council Chambers  
The feature length documentary film details the life and work of local artist Dennis Spiteri.  
**Everyone is Welcome but Booking is recommended 57360036**



**HIGHLANDS RAMBLERS**  
A big thank you to Andrew Shaw & Louise Currie for leading our Ramblers Walks this year, and thanks to everyone for coming along and making the walks so enjoyable. We are having a break during the hot weather and will resume our walks again in the new year.  
**Sunday 25th March is the date of our first Ramblers Walk for 2018.**