



Welcome, Wumindjika and G'day

Well here we are at double figures already - Issue 10 - and the last one for this term, Easter being so early, this first term is shorter than usual. I can't believe it! Where have the last few months gone? After a break of 2 weeks TGN will once again arrive in your email boxes on Sunday 15th April, but in the meantime I hope you enjoy this one. Any copy, for Issue 11, should be sent early, rather than later, as no doubt there will be 3 weeks of articles all vying for a space.

Until April 15th enjoy the Easter break and drive safely, **Pauline**

And Kenny?...well just think koalas and Me and Mini Me.

Last Friday was the National Day against Bullying and Violence and it was gratifying to see that many local schools and newspapers ran features on bullying, specially cyberbullying

When I served on a Federal Government Council - The Australian Council for Children and Parenting - we received many submissions and heard tragic stories about bullying and the impacts on the immediate and later lives of young people.

In so many cases the parents said they were quite unaware of its existence or, if they were aware, dismissive and did little to deal with the issue. All too often, if reported to the school, they were fobbed off or told that it was under control.

Child neglect has become a serious reality in contemporary society not just with bullying but parental neglect in terms of nutrition, alcohol and drug use, hazardous behaviour, sex education and general child well-being and encouragement of self confidence.

The days of parents sitting down at the dinner table with the kids with all the screens turned off (TV, phones and computers) has become near obsolete. How many parents seriously evaluate their performance as parents or discuss the examples they themselves set for their children?

It is so easy to pass the buck to teachers or others in authority - but the buck starts with parents - its up to us! **Sandy MacKenzie, Avenel**

Euroa Arboretum - 'Tree Storey - Grow Back or Die Back'

Financial incentives are available for eligible landholders to:

1. Fence remnant vegetation (min. 1 hectare)
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3. Revegetate with indigenous species (minimum 20 metre corridors)

Got an idea to do vegetation works on your property? Then get in touch with Jenny Wilson to discuss your ideas & plans. For further information view <http://euroaarboretum.com.au/tree-storey-grow-back-or-die-back>

Terip Trivia Night a Winner!

The recent Terip Trivia Night was a resounding success and everyone who attended had an entertaining and enjoyable evening. The first round was photo trivia, trying to identify landmarks from the Caveat, Yarck & Creighton's Creek areas, Round 2 consisted of trivia questions based on this local area. During the evening contestants swapped tables to share the talent around. Photos of the construction of the "new" Yarck cutting were also a highlight with the hill being picked and shovelled away by locals & horses with drays. A very funny video, starring Evan Penny demonstrating the firetruck's equipment, was another feature and the evening concluded with a delicious supper. Many thanks to Geoff Penny, Donna McKenzie, Sue Martin, the Penny family and the supper makers for all their contributions.

Information kindly supplied by Helen McKenzie

Please note: Thursday evening is the deadline for inclusion in the following week's TGN although this will depend on space and time constraints—thanks



Feedback? - contact [editor™ tgn.org.au](mailto:editor@tgn.org.au)
or to subscribe on-line go to
www.highlands.org.au

"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."
Albert Einstein (1879 - 1955)

The Granite News is an open but moderated community forum.

Readers are encouraged to contribute articles and we also encourage you to air your views on things that interest or concern you within our community.

We certainly welcome feedback from you, positive or otherwise on anything that is published in

The Granite News

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Subsidies are now available through HCCC Landcare group for Rabbit Ripping.

(Conditions Apply)

Please email Janet Hagan
hughes.creek1@gmail.com



WEBSITE of the WEEK

www.farmersforclimateaction.org.au

In 2015 a group of concerned primary producers formed the FCA - Farmers for Climate Action—this is their website

Community Notices & Classifieds

COMMUNITY "WHAT'S ON" CALENDAR — March & April 2018

Thursday 29th March	<i>SECRET MEN'S BUSINESS</i> All people in the district are welcome, gold coin donation towards a BBQ, BYO and chat	at Caveat Church
Good Friday 30th March starts @ midday	<i>ANNUAL GOOD FRIDAY SEAFOOD LUNCH</i> Lots of great things to enjoy on this day and a chance to donate some money for the Good Friday Appeal. See page 3 article for all the details and contacts. Help support a worthy cause and have some fun too.	at Ruffy CFA
Open over Easter	<i>AMELIA RISE DONKEYS @ HEE HAW FARM</i> Deb & John are ready to welcome you at 915 Terip Rd, Terip Terip and showcase their beautiful donkeys.	
Open over Easter Sat & Sun	<i>TABLELANDS COMMUNITY CENTRE FUNDRAISER—BRIC'A'BRAC & BOOKS</i> Buy a book \$2 or swap a book for a book. New treasures coming in weekly - open over Easter but closed Good Friday. Contact Fiona 0427 690970 or Felicity 0413 483450	
Sat 31 March ~ 29 April 10~4 daily	<i>DENNIS SPITERI's NOCTURNE EXHIBITION</i> Dennis's unique and impressive art is again on display at his stunning gallery. Come along and be inspired.	33 Old Highlands Rd, Highlands
Sat 7th & Sun 8th April 10-4 ~ both days	<i>DARREN GILBERT's OPEN STUDIO</i> Darren's studio, with his stunning, creative works will be open to the public on the first weekend each month, commencing in April. Quality art in the local community and not too far to travel to enjoy it.	2742 Highlands Rd, Highlands
Sunday 8th April 10am	<i>WORKING BEE @ Terip Terip Rec Reserve</i> A general tidy up is necessary prior to ANZAC Day. All welcome, with a sausage sizzle to finish!	
Monday 9th April 11am 	<i>HIGHLANDS SPINNING CLUB</i> The Highlands Spinning Club will get together in 2018 at the same place—450 Caveat-Dropmore Rd, the same time 11am and with the same good company! BYO lunch and great tea & coffee will be provided. Enquiries? - contact Jan 5790 4361	
Friday 13th April 6.30pm	<i>DRINKS ON THE DECK</i> Starts at 6.30pm bring food to share for a meal together and catch up with friends old and new. All welcome, especially new faces. Gold coin donation to cover power.	at Highlands Community Hall 57969247 & Contact Judy 
Sat 14th April Food @ 6.00 Music @ 7.30	<i>KERRY N FIELDS & her band The Jimmie Deans</i> Every song tells a story with Fields' huge personality and striking voice melding perfectly with her alt-country roots and style. Tickets \$30 each. Bookings essential.	at the Ruffy Store 57904387 & Contact Helen
Sat 21st April 6pm onwards	<i>SPIT ROAST & AUCTION</i> Fundraising event for Natania Maddock's trip to Borneo in November 2018 where she will be part of the student team from Euroa High School engaged in humanitarian and conservation projects. See flier	at Ruffy Hall
Wed 25th April ANZAC Day	<i>TERIP TERIP</i> ANZAC Day service and a special planting of a Lone Pine Tree—further details to come	
Every Monday 10 am	<i>YOGA AT RUFFY</i> Yoga with Kylie Penny is in full swing. All welcome! Equipment provided, \$15 per class. (BYO water bottle) Any enquiries please call/SMS Kylie 0418899966 or email kyliepenny@gmail.com	at Tablelands Community Centre Ruffy
Last Friday of the month	<i>MASSAGE THERAPIST - Kristy Adams</i> Kristy Adams is visiting the Ruffy Community Centre once a month for remedial massage sessions. Treatments commence at 10am. For further details, or to book a session, contact Kristy on 0409 999957.	at Tablelands Community Centre Ruffy

WOW!! What a feast of culture, sport & entertainment ~ why would we want to live anywhere else??

Annual Good Friday Appeal & Lunch

Fancy a seafood lunch at Ruffy CFA? Come along on

Friday 30th March 2018, STARTS 12.00 midday

There will be fire truck demonstrations, kids activities, an Easter egg hunt and maybe even a special visitor with floppy ears!

Don't be surprised if you see a red fire truck travelling up your driveway on Good Friday morning with tins rattling! You know what to do....

VOLUNTEERS are needed to provide salads or sweets please contact Bron Jamieson

0409 935 176 or Chris La

Garde 0400 446 623

Enquiries George Noye,

Captain - Ruffy CFA

0432 928 301 or Felicity

Slooman RCH Good Friday

Appeal coordinator - Ruffy

CFA 0413 483 450



The Human Body

When young we tended to take our bodies for granted. As we grow we experience the excitement of discovering new things to do with them. Sometimes we thought we were capable of just about anything and were encouraged when we did achieve big steps.

Viewing the spectacular feats of the winter Olympics and the incredible exploits in the Para Olympics, it is hard to imagine just what else humans are capable of.

It is great to see people challenge their physical capabilities, just as we praise those who expand their intellectual abilities. One of the key ingredients of conquering such physical or intellectual challenges is the ability to know your body (and mind), to know its strengths and weaknesses and to be at home in your body and respect it.

As we get older, sometimes we lose that respect and continue to take our bodies for granted. When we take things for granted it is a recipe for misuse. So, we tend to overfeed our bodies, feed them unwisely, neglect to exercise them and avoid servicing them. Some try pushing their bodies beyond their limits, some simply overuse and wear them out prematurely.

The result may well be to virtually dissociate oneself from one's body, to lose touch with it, suffer its neglect and maybe the pain that goes with it.

One of the ironies is that people who carry disabilities are often the ones who most respect their bodies and know them intimately. There is much they can teach us.

If we are to grow old gracefully, maybe we need to nurture our individual bodies and marvel in their uniqueness. In the end our bodies are all that we have; without them we are nothing.

What do you think?

Stuart A Reid

Highlands

DUNG BEETLE DAY - Friday 6th April

3pm to 5 pm Field Trip and practical information session with John Feehan & Bert Lobert, dung beetle experts, at Anne & Ian Moore's property.

[231 Longwood-Ruffy Rd. Longwood East.](#)

Then.... from 6.30 pm to 8.30 pm, commencing at the Tablelands Community Centre then progressing to the Ruffy Store where there will be a Dung beetle presentation by John Feehan, followed by informal discussions at our Dung Beetle Dinner. Places are limited so please book your spot with Janet Hagen 57904268.

A Visit to the Chrystal Mineral Springs

Yea Chronicle 11th Jan 1917

On New Year's Day a large number of residents of Highlands and their friends made a pilgrimage to the newly discovered mineral springs, situated between Dropmore Station and the Black Range and quite close to Hughes' Creek.

The start was timed for 12 o'clock and all sorts of vehicles were commandeered to convey the pilgrims thither. Mr Neil Lade, the well known and accomplished whip, led the way in fine style with a tandem wagon load of ladies. Then came buggy and jinker loads and a goodly number of equestrians.

The first place of importance to pass was "Fort William". The "Fort" is perched upon a high hill from which one has a splendid view for miles around. The owner combines cultivation with grazing, with the result that a magnificent crop of oats is shown in the stook. A couple of miles further on one gets a glimpse of "The Caveat". Here again the great fertility of the soil is demonstrated by the multitude of stooks in the cultivated areas.

Every turn of the track (it cannot be called a road) brings fresh scenery to view. Beautiful fern gullies, full of musk, hazel and dogwood abound on every hand, and umbrageous blue gums waved their aromatic branches over the heads of the travellers, while their long leaves, moved by the gentle breeze, seemed to beckon the pilgrims on.

After a very pleasant drive a sudden halt is made, and the horses are outspanned and firmly secured to fence and tree, and a very straggly cortege may be seen, loaded with hampers and other picnic impedimenta, making their labourious way to the final rendezvous.

The spring was soon discovered, and all stood round in wonderment at what might fitly be termed Nature's great soda fountain, bubbling forth from the mountain. Young and old drank and drank, and drank again, from dainty glasses and modest pannikin, and when they could drink no more, empty demi-johns and bottles were filled with the sparkling fluid, and, later, handed round to the unbelieving Thomases who had stayed at home.

When the first novelty had worn off a start was made for Hughes' Creek, where a great canyon is carved out of the solid granite by the waters of millions of years, or anyway, ages before poor old Hughes or Chrystal were ever dreamed of.

By mutual agreement the sexes parted company, as the ladies wished to lay their snowy feet in the purling brook afar from the prying eyes of peeping Toms, and the gents further downstream suddenly evolved into white savages, and cut many a curious caper careering down the creek in wild corroboree.

A loud coo-ee from the paterfamilias (who undertook to boil the billys) brought all back to the spring where a bountiful repast was partaken of. After some songs and recitations were rendered by visiting and local artists, the whole company were photographed by Mr Harry Francis, and a start made for home.

"A most enjoyable day" was the general verdict, and there is no doubt but that the pilgrimage of 1/1/1917 will be the forerunner of many an equally joyous one in the long years to come.

It is thought this was penned by the editor of the Yea Chronicle

This delightful essay, from over 100 years ago, has a very distinctive & quaint turn of phrase for describing a day out with the neighbours. Thanks to Peg Lade for supplying it. Ed.

Still missing something???

As Marcia Hines once sang... "Something's missing in my life..." and maybe it is for you too. Judy has an impressive collection of "leftovers" from last year's Christmas party - platters, bowls, glasses, folding chairs. Ring 57969247.

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